



TOOTH COLOURED FILLINGS

WHAT ARE THEY?

Fillings are one of the most basic methods of restoring teeth, a composite resin material is used to fill a hole in the tooth that has been caused by decay, by using a filling it allows the dentist to save the tooth for many more years.

WHY USE IT?

Fillings can be used to:

- Rebuild broken/chipped teeth
- Restore decayed/cracked teeth
- Can prolong/prevent an extraction or root canal

THE TREATMENT PROCESS

1. Appointments for fillings normally last between 30 minutes to one hour, the need for a filling is normally found during a check-up appointment.
2. The dentist will numb the tooth and the surrounding area with a local anaesthetic and will then drill the decayed material away from the tooth.
3. Once the decay has been removed from the tooth, this is when the dentist will then fill the tooth, the filling material is placed in the hole in layers, with a special light shone on each layer to harden the material and speed up the setting process.
4. The filling will then be shaped to look as realistic as possible and so it does not interfere with the way your teeth meet when you bite and chew.