



# ROOT CANAL TREATMENT

## WHAT IS IT?

Root canal treatment has a bad stigma attached to it. If you need 'root canal treatment' then we are dedicated to helping you remove that stigma and show it does not hurt.

Root canal treatment is actually the solution, not the issue and will often solve the problems associated with agonising toothache or facial swelling. It is certainly not a frightening or painful procedure but rather the solution to getting a pain free tooth and a restful night sleep!

## HOW LONG DOES IT TAKE?

Root treatment can take two or three sessions. The whole procedure is performed under local anesthetic, although, in many occasions the second session does not require it. Once you are numb, you should not feel any pain during the procedure. The treatment can be long, so feel free to bring some headphones and music with you. Otherwise we may be able to provide you with some high-quality headphones to wear over your ear and a range of music genres to fix your mood!

After the first session, the pain should be significantly reduced, as the infection will be drained. In the second and possibly third session, we will isolate the tooth and seal the nerve space while you relax, we often have people fall asleep during treatment!

## QUESTIONS & ANSWERS



### **WHAT ARE THE COMMON CAUSES THAT CAN LEAD TO ROOT CANAL TREATMENT?**

If your tooth has been knocked, heavily filled, cracked or decayed this may lead to pain, infection or darkening of your tooth. If any of these symptoms occur then there is a possibility that your tooth requires root canal treatment, also known as endodontic treatment or root canal therapy.

### **WHAT ARE THE SUCCESS RATES OF ROOT CANAL TREATMENT?**

Around 85-90% of root canal treatments are successful. At our practice, we use a state-of-the-art electronic cleaning and measuring devices we have invested in the latest in root canal preparation Wave One and Protaper. This high-tech device often helps your root canal treatment to be much more comfortable, predictable, safer and faster. However, due to the complexity of a root canal, it is impossible to remove all nerve/bacterial ingress.

### **WHAT ARE THE ALTERNATIVES TO ROOT CANAL TREATMENT?**

You may be able to delay treatment or have an extraction. Often it is better to save your tooth with root canal treatment particularly if you do not want to have a gap that could lead to various problems, such as sensitivity



and tooth mobility. Although it is better to keep your natural tooth, implants, bridges or dentures are alternatives if you still prefer to have your tooth extracted and the missing tooth replaced.

## ROOT CANAL TREATMENT PROCESS

1. A root canal treatment can be completed within one appointment, although further appointments are usually needed.
2. Root canal treatment at the practice is a virtually pain free way to eliminate the often-agonising pain an infected or highly inflamed tooth may have and helps to prevent worsening pain or infection.
3. Root canal treatment is used to remove and clean away any infection inside the nerve of your tooth, on completion of the root canal a compatible rubber material is used to seal inside the nerve to prevent an infection re-entering.
4. A filling or post, core and a crown are then bonded onto your tooth to strengthen it.