



ORTHODONTICS

Orthodontics is a common term used for straightening teeth. This can be more cosmetic reasons, or for functional improvements and long term oral health.

Orthodontics has become extremely common in adults for cosmetic reasons, but we also focus on the functional improvements it can bring. Crooked teeth can cause underlying problems, such as jaw pain/clicking, teeth sensitivity, gum recession, tooth wear/chipping as well as periodontal disease and dental decay.

At our practice, we use a variety of orthodontic systems for a range of prices and benefits.

TREATMENT PROCESS

1. The first appointment is your complimentary consultation with one of our dentists, this usually lasts 40 minutes.
2. The second appointment is your assessment where an impression/scan will be taken of your teeth and a comprehensive report will be given to you.
3. After reading the report, we arrange a second consultation to go through any questions you may have and detail the proposed plan. If aligners are the chosen method of orthodontics, we can also digitally plan your case and show you the proposed tooth position for you to confirm.
4. Once you agree, we can fit your braces and you begin your smile transformation.
5. You will come back every 20-30 days to have your braces adjusted by the dentists, usually treatment for braces lasts between 4 and 12 months depending on complexity.

WHY DO IT?

Orthodontics is not just for cosmetic improvements, but should be based around providing long term oral health stability. It can prevent jaw pains, tooth decay, gum disease, tooth wear and chipping and well as the cosmetic enhancements and confidence that brings.

QUESTIONS AND ANSWERS

DOES IT HURT?

You can experience some discomfort and pain while the teeth are moving and during adjustment days, this normally only lasts a few days.

HOW LONG DOES IT TAKE?

You can begin the process within 2 weeks of you reading and confirming the comprehensive report that is emailed to you. The length of the treatment varies depending on complexity, but often it is completed on average between 4-12 months.



WILL IT AFFECT MY SPEECH?

No. Any speech changes are transient and gone within a couple of weeks maximum.

HOW MANY TIMES DO I NEED TO SEE THE ORTHODONTIST?

On average the appointments are once a month but they are tailored according to your needs and the system that you choose. That means more convenience for you regardless of your level of busy activity or lifestyle.

HOW EASY IS IT KEEP CLEAN?

Clinical studies indicate that the elastomeric rings of traditional braces collect more bacteria and plaque and can lead to adverse gingival conditions. Clear aligners are very easy as they can be removed from the mouth.

WOULD I NEED ADDITIONAL TREATMENT DONE?

Our experienced team have treated over 10000 orthodontic and cosmetic patients. It is important that the health of the mouth is stable before attempting orthodontic treatment. This will be made more clear at the consultation.

At the end of treatment, you will need to wear retainers to maintain the teeth position-it is extremely important for your long term health. We do understand that orthodontic treatment for most patients is cosmetic, and additional cosmetic options will also be discussed, although these are optional.

RISKS

- Soreness initially and during tightening
- Slenderising the teeth with IPR
- Temporary attachments on teeth
- 4-12 month process
- Long term retention needed

BENEFITS

- Increased confidence
- Broader, healthier smile
- Space closure
- Improved function
- Long term oral health stability
- Fewer teeth chipping



- Less comparative tooth wear
- Reduced periodontal concerns
- Reduced risk of cavities in such cases



CERAMIC DELTA FORCE BRACKETS



Delta Force offers convenience, especially if you're preparing for a big event when image will be important, like a wedding, family reunion, or job search. You might think it takes great force to move teeth quickly but, actually, it is just the opposite. This proven method involves along a specially designed arch wire to comfortably produce results in the teeth that show when you smile. In addition, Delta Force requires fewer surgery visits, about one every 30 days, so you save time and money.

Our delta brackets are uniquely designed to reduce friction and therefore will safely reduce the treatment time by almost half.

Delta Force Technology gently allows for movement of the roots of the teeth towards their final position from the onset of treatment, thus completing treatment from weeks to months, and even weeks for those lucky few whose alveolar bone responds really well to treatment.



DAMON SELF-LIGATING BRACKETS



With its small, low-profile design, self-ligating are virtually unnoticeable, making them perfect for patients of any age who are looking for the confidence and the freedom to smile on any occasion. This system utilises a unique clear brackets and tooth coloured wires that blend seamlessly with the surrounding tooth structure. This system does not require elastics to be placed on the brackets, thus improving aesthetics during treatment. Since self-ligating brackets uses tie less braces that don't need to be "tightened" and are gentle to the teeth and tissues.



METAL DELTA FORCE



Metal Delta Force utilise a unique brackets and wires that can be fitted on the same day. You might think it takes great force to move teeth quickly but, actually, it is just the opposite. This proven method involves along a specially designed arch wire to comfortably produce results in the teeth that show when you smile. In addition, Delta Force requires fewer surgery visits, about one every 30 days, so you save time and money.

Our brackets are uniquely designed to reduce friction and therefore will safely reduce the treatment time by almost half.



CLEAR ALIGNERS/ INVISALIGN




WHAT IS IT?

The clear aligners are designed to straighten your teeth discreetly with a series of custom moulded aligners.

HOW IT WORKS

Clear Aligners are the "Near invisible" way to straighten your teeth without wearing conventional metal braces. Clear Aligners uses a series of clear, removable custom-made aligners to move your teeth, because you remove your aligners before you eat and drink, there are no food restrictions or problems with flossing or brushing. This technology is also more comfortable, avoiding the mouth abrasions that can be caused by the metal and wires of conventional braces.

The process for clear aligners takes between 6 and 12 months, this is all depending on how many aligners you will need for you to reach your desired smile.



LINGUAL BRACES



WHAT IS IT?

Lingual braces use brackets positioned on the inside of the mouth to gently move and align the front 4-6 teeth, for those patients where speed and appearance are essential.

The braces attach on the inner surface of the teeth, where they cannot be seen, your teeth can be straightened without worrying about your appearance. Because lingual braces are hidden behind your teeth, you can enjoy the process much more while you will notice how your teeth are changing when you look in the mirror.

Lingual braces are customised to your mouth which helps make them efficient, effective and less intrusive.

Similar to traditional metal braces, Lingual braces use a combination of brackets and wires. Most people who can be treated with normal braces can also be eligible to use Lingual braces.