



WALDRON
DENTAL CLINIC
Aesthetics and smile centre

LINGUAL BRACES



WHAT IS IT?

Lingual braces use brackets positioned on the inside of the mouth to gently move and align the front 4-6 teeth, for those patients where speed and appearance are essential.

Men and women, aged 18 to 60 years and older, have been treated with Lingual braces. It is the most aesthetically pleasing braces treatment there is, and often is completely undetectable even from close quarters.

The braces attach on the inner surface of the teeth, where they cannot be seen, your teeth can be straightened without worrying about your appearance. Because lingual braces are hidden behind your teeth, you can enjoy the process much more while you will notice how your teeth are changing when you look in the mirror.

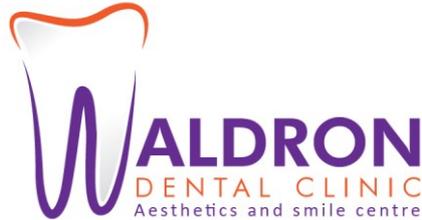
Lingual braces are customised to your mouth which helps make them efficient, effective and less intrusive.

Similar to traditional metal braces, Lingual braces use a combination of brackets and wires. Most people who can be treated with normal braces can also be eligible to use Lingual braces.

Lingual braces at our clinic is a streamlined version of Incognito braces, focussing on the front six teeth top and bottom which are the most noticeable teeth when a person smiles.

TREATMENT PROCESS

1. The first appointment is your complimentary consultation with one of our dentists, this usually lasts 40 minutes.
2. The second appointment is your assessment where an impression/scan will be taken of your teeth, this is then sent to Cfast Lingual Laboratories and a model of your mouth is made to show you your desired results before the procedure begins.
3. If you are happy with the results your custom-made brackets are created to specifically fit each of your teeth, and from that your wires are created.
4. Once your custom braces are back, an appointment will be made for you to come in and have your braces fitted, which will then be the start of your journey to your perfect smile.



5. At the end of the treatment it is important to maintain the position of the teeth using fixed or removable retainers, or a combination of both.

The process of braces can take between 6 and 12 months for you to reach your desired smile.

RISKS AND BENEFITS

Similar to the risks of all braces, you can expect some mild discomfort to the tongue and gums since the braces rub against them, however, this is usually only for a short period. Since the teeth are moving you are likely to feel soreness and movement especially on the days when the wires are tightened. We suggest taking painkillers an hour before those appointments. You must also take good care with cleaning around these brackets and wires since there is a risk of gum disease and patches developing around the brackets if they are not well cleaned. We offer discounted hygiene visits during this treatment, which we recommend to attend regularly. The most important part of the treatment is the after-care. We want you to have this treatment to last a life time...so long-term maintenance is important and we can make recommendations specific to you.