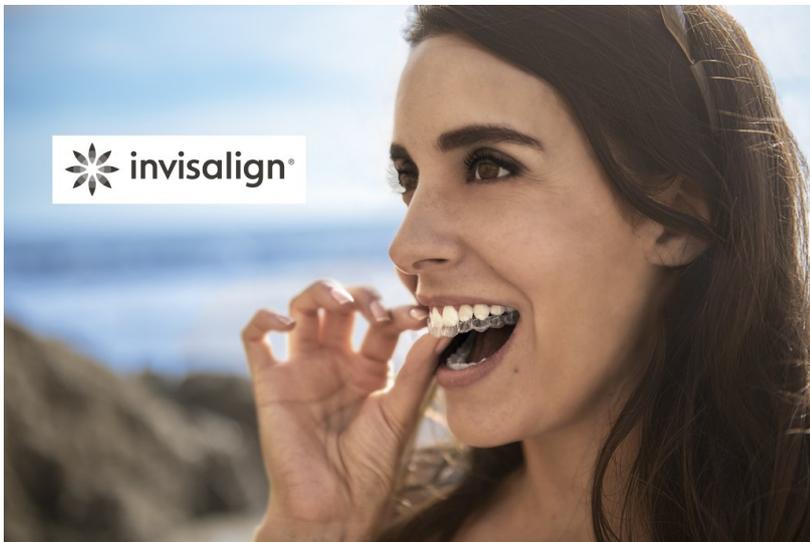




CLEAR ALIGNERS/ INVISALIGN



WHAT IS IT?

The clear aligners are designed to straighten your teeth discreetly with a series of custom moulded aligners that fit over your teeth. The movement is governed by changing aligners regularly.

HOW IT WORKS

Clear Aligners are the “Near invisible” way to straighten your teeth without wearing conventional metal braces. Clear Aligners uses a series of clear, removable custom-made aligners to move your teeth, because you remove your aligners before you eat and drink, there are no food restrictions or problems with flossing or brushing. This technology is also more comfortable, avoiding the mouth abrasions that can be caused by the metal and wires of conventional braces.

Small tooth coloured attachments are often placed on the teeth to aid movement and help with fitting. The teeth may need to be slenderised in a process call Interproximal Reduction (IPR). This allows safe tooth movement without extractions.

At the end of the treatment is important you retain the position of the teeth with fixed or removable retainers or a combination of both.

HOW LONG DOES IT TAKE

The process for clear aligners takes between 4 and 12 months, this is all depending on how many aligners you will need for you to reach your desired smile.

DOES IT HURT?

You can experience some discomfort and pain while the teeth are moving and during adjustment days, this normally only lasts a few days.



THE TREATMENT PROCESS

A simple accurate impression/scan and a bite registration of your teeth can allow us to accurately assess your teeth and plan your case.

Clear Aligners uses 3-D computer imaging technology to design the complete treatment plan, from the initial teeth positioning to the desired final positioning. The 3D algorithm is accurate to within the closest 0.1mm so even minor tooth movement is possible.

1. The first appointment for clear aligners is your complimentary consultation with one of our dentists, this usually lasts 20-30 minutes.
2. The following appointment is your assessment with the dentist where they will perform a 3D scan of your mouth to allow them to give you a better prognosis for your clear aligners, you will also be given a report and be advised by the dentist on the best treatment plan for you case.
3. The next appointment is your consultation two in which you will be shown your ClinCheck, which is a video showing the transformation of your teeth throughout the treatment, if you are happy, we go ahead and have your aligners manufactured.
4. Two weeks after that you will be called in for your fit appointment and your process for your perfect smile is underway.

During the process of clear aligners your aligners are changed between every 1 to 2 weeks and your teeth will move little by little every week until your teeth have moved into their final position.

OPTIONS:

We have treated 1000s of orthodontic and aligner patient. Alongside our various orthodontic systems, we offer 2 options for clear aligners:

1. Invisalign. The world's number 1 aligner system for comprehensive tooth movement
2. SmileTru, used for more minor movement and a cheaper alternative with often fewer attachments and more discreet.